

Leveling Up

"Moshe went out to meet his father-in-law; he bowed and kissed him and he asked him how he was doing..." (Shemos 18:7)

The above verse doesn't specify whether it was Moshe who bowed to and kissed Yisro, or Yisro who bowed to and kissed Moshe. The *midrash* proves that Moshe was the one who bowed down because Moshe is referred to as 'Ish ("Viha'ish Moshe Anav Miode" Bamidbar 12:3) and here the word *Ish* is used as well, therefore it must be that Moshe bowed and kissed Yisro. But what is the meaning of this bowing and kissing? Moshe was a greater person than Yisro, so why was Moshe bowing down to someone of a lesser stature than himself?

The *Shem Mishmuel* (Shmuel Bornsztain 1855-1926) explains that the reason that Yisro came was to learn from Moshe Rabbeinu and absorb some of his *kedusha*. The problem was that Moshe Rabbeinu was on such a high level that it was not possible for Yisro to connect to him. Moshe bowed to lower himself to Yisro's level so that Yisro could then connect to him. Moshe's kissed Yisro to enable their souls to connect so that Yisro could learn from Moshe. This endeavor succeeded and Yisro was able to learn from Moshe.

Chazal tell us that there are many situations where one must lower himself in order to grow. For example, the *gemora* (*Bava Metzi'a* 59a) states, "...people say, 'If your wife is short, bend down and hear her whisper!'" The commentators explain this to mean that sometimes a man must digress from his high levels of spirituality so that his wife will be able to connect to him, and then together they can create the proper home for their children. These minor steps down are a step forward in the growth of their home and/or marriage.

In our own personal journey, we may be in Shul and find ourselves sitting next to someone who is doing something that is getting on our nerves (such as tapping the table or rocking his chair). It may even get to the point that we want to yell at the person, "Find another seat!". Another possibility is that one considers himself a "*baal madreaga*" and says to himself "Maybe *I* should find another seat!". I would like to suggest that we can learn something from everyone in our community. Perhaps we just have to be white-knuckled and bear it, so that we will glean positivity

(Continued on page 2)



Lifecycles

Mazel Tov to Pinchas and Toby Fader on the wedding of their daughter Chana to Brian Spenn.



Don't Be Left Out!

When you have a simcha (or R"L a sad event), it is *so easy* to have it included in the next newsletter! Just send an email to lev@ahavasshalom.org! *Deadline is 11:00 Thurs.*



Reminder: Sending an instant message, an email, or speaking to anyone else will probably result in your announcement not making it to the newsletter!

Mi Shebeirach for Cholim

Reminder: If you would like the Gabbai to read the name of a *choleh* on Shabbos during the *Mi SheBeirach*, you must submit it via Email to Mrs. Zakoo by Thursday! Send your list of *Hebrew Names* using *Hebrew Letters* to Mrs. Zakoo at office@ahavasshalom.org.



Shabbos Schedule Parshas Yisro

לוח שבת פרשת יתרו

Erev Shabbos		ערב שבת
Mincha 1	12:30	מנחה א'
Candle Lighting	16:48/17:08	הדלקת נרות
Mincha 2	17:10	מנחה ב'
Sunset	17:28	שקיעה
Shabbos Day		יום השבת
Brachos	08:00	ברכות
Shochin Ad	08:30	שוכן עד
Latest Shema – M. A.	08:22	סוף זמן ק"ש למג"א
Latest Shema – G'ra	09:08	סוף זמן ק"ש לגר"א
Mincha 1	13:00	מנחה א'
Pele Yoetz Shiur	16:30	פלא יועץ
Mincha 2	16:45	מנחה ב'
Sunset	17:29	שקיעה
Ma'ariv 1	18:06	מעריב א'
Ma'ariv 2	18:29	מעריב ב'

Leil Shabbos Learning and Onegs

יש לי זוג - ושבית שבו

Dozens of Men and Boys are learning
every Leil Shabbos in our Beis Medrash
Sponsor all the programs over
one Shabbos for just 250₪



GMACH SMACHOT

IF YOU SUFFER A LOSS CONTACT THE
GMACH TO BORROW ITEMS
NECESSARY FOR A *SHIVA* HOME,
ahavasshalom.org/smachot
Or call 054-566-5083 OR 050-203-0584

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from this neighbor. We need to keep in mind that possibly his *tefilah* is said with more *kavana* than ours. 'Lowering' ourselves very often enables us to elevate ourselves.

As we stand in the parsha of "K'ish echad bilev echad", it is important for us to try to find something positive to learn from all of those that Hashem put around us. This is true even if we think that those people are not on "our level".

המשך מעמוד 4

משהו חיובי מהשכן הזה. אנחנו צריכים לזכור שאולי הוא מתפלל עם יותר כוונה מאיתנו. 'להשפיל' את עצמנו לעתים קרובות מאוד מאפשר לנו להעלות את עצמנו.

כפי שאנו נמצאים בפרשת "כאיש אחד בלב אחד", חשוב מאד להשתדל למצוא משהו חיובי ללמוד מכל אלה שה' שם סביבנו. זה נכון גם אם אנחנו חושבים שאותם אנשים אינם ב"רמה שלנו".

Stay In Touch!

Visit Ahavasshalom.org/list to subscribe to our email list and get notifications directly to your inbox!

You can also sign up for the shul's instant communication group on the same page!



COMMUNITY CARE

Do you know someone in our Kehilla who is unwell?

Please let us know so that we can arrange home/hospital visits and meals.

Contact: Alan Rubenstein 054-398-8570

You can also inform the Ahavas Shalom Vaad.



אבות ובנים



AuB Motza'ei Shabbos at 19:00!
Boys aged 7+ learn for 1 hour

Thank you to this week's sponsors:
Pizza, Ice Cream and Treats:
Shimon Young and Family

You can also sponsor the
Prizes, Treats or Ice Cream for just 150 ILS
contact Shlomo Hollander for details



Boi B'Shalom

**Meeting every Erev Shabbos
30 minutes before Mincha.
This week at 16:40**



Netziv Hayom

Sponsor *Netziv Hayom* in memory of your loved ones or in honor of a special occasion, and all the learning and davening that take place in our shul during that day will be in the merit of your choosing. Just 120₪ per sponsorship, which is announced via a notice on the "Netziv Hayom" board in the shul, as well as an announcement in this newsletter. To sponsor a day please contact Mrs. Zakoo Netziv@ahavasshalom.org.



12 Shevat sponsored by the Solway Family

לע"נ יעקוב בן שמעון ז"ל

16 Shevat sponsored by the Lindsey Family

לע"נ אליקים בן החבר ר' מאיר ז"ל

17 Shevat sponsored by the Simkin Family

לע"נ מלכה בת אריה לייב ע"ה

Shiurim with the Rav

The Rav will be giving 2 shiurim this coming week:

SUNDAY 21:15: *Mishnayos - Mikvaos*

TUESDAY 20:15: *Hilchos Purim!*

All shiurim are given in shul and via ZOOM at this link:
cutt.ly/AhavasShalomZoom

Shiurim are archived at ahavasshalom.org/youtube

Pele Yoetz Shiur

Continuing this Shabbos afternoon, Rav Zachariash will give his shiur for men on **Pele Yoetz**. This week, the shiur will begin at 16:30 in the hall on the topic **טורה**.



Questions that appear in this newsletter come from RBSsemicha.com. Four volumes of questions are now available in print. See rbssemicha.com/books for more information.

The Tuesday Halacha shiur is now learning Hilchos Yom Tov—see how well you do with these questions

Q&A: Preparing for Day 2 on Day 1

Q The luncheon on the first day of Shavuot lasted until the late afternoon. Before bentching, everyone cleared off the table and stacked all the dishes in the sink. Mr. Goldberg's son-in-law led the bentching and the men then went to Kehillas Shaarei Shama-yim for mincha, which would then be followed by *maariv* for the second day of Shavuot. May Mrs. Goldberg and her daughter use this "quiet time" to clean the dishes in the sink, so that she will have clean dishes for dinner on the second day of Shavuot?



A No. This would be considered preparing on the first day of Yom Tov for the second day of Yom Tov, which is prohibited. However, there are various leniencies regarding washing dishes so, if Mrs. Goldberg was washing the dishes so that she could better enjoy the first day of Yom Tov, she might be permitted to do so.

OC 503 M.B. 1

Q&A: A Raw Deal

Q Harry Brochstein left to go to mincha at The Boca Shul about 45 minutes before sunset on the first day of Sukkos, which would be followed by *maariv* on the second day of Sukkos. Mrs. Brochstein said goodbye, then went to check on the food for the second-day dinner in the refrigerator, as she expected a full sukkah/dining room for dinner. When Juanita opened the pot containing the roast, Mrs. Brochstein heard her yell, "Ay Carumba!" as they both realized that they had forgotten to cook it! Mrs. Brochstein calculated that if she put the roast on right now it would be ready when the guests returned in about two hours. Is she permitted to put it into the oven now?

A No. Cooking food so close to the end of the first day of Yom Tov would unquestionably be considered preparing for the second day of Yom Tov, and it is prohibited to prepare on the first day of Yom Tov for the second. However, if Mrs. Brochstein ignored this prohibition and cooked the roast, she would be permitted to serve and eat it. If she had realized her error earlier in the day (when there would have been sufficient time to both cook and eat the roast), then it would have been permitted to cook the roast, as it would appear as if she was cooking food for the first day of Sukkos.

OC 503 B.H. "B'Yom Tov" Shaar HaZion 2

Melaveh Malkah 2025

Thank you to everyone who came and who was involved.
The Journal, Videos and Image Gallery are available at
ahavasshalom.org/mm2025-gallery



משולחנו של הרב אברהם ברוך זכריש

מיישרים קו

ויצא משה לקראת חתנו, וישתחו וישק-לו, וישאלו איש-לרעהו,
לשלום (שמות יח:ז)

הפסוק אינו מציין אם זה היה משה
שהשתחוה ונישק את יתרו, או יתרו שהשתחוה ונישק את משה. המדרש מביא הוכחה שמשה הוא זה שהשתחוה, מהפסוק "והאיש משה ענו מאד" (במדבר יב:ג) שבו מכונה משה 'איש' וכאן משתמשים גם במילה איש, אם כן, וודאי היה זה משה שהשתחוה ונישק את יתרו. אבל מה המשמעות של ההשתחוות והנשיקה הזו? בנוסף, משה היה אדם גדול יותר מיתרו, אז למה משה השתחוה לאדם פחות ממנו?

ה'שם משמאל' מסביר שהסיבה שיתרו בא הייתה ללמוד ממשה רבנו ולספוג חלק מהקדושה שלו. הבעיה הייתה שמשה רבנו היה ברמה כל כך גבוהה עד שאי אפשר היה ליתרו להתחבר אליו. משה השתחוה על מנת להוריד את עצמו לרמה של יתרו כדי שיתרו יוכל להתחבר אליו. משה נישק את יתרו כדי לאפשר לנפשם להתחבר כדי שיתרו יוכל ללמוד ממשה. מאמץ זה הצליח ויתרו אכן הצליח ללמוד ממשה.

חז"ל אומרים לנו שיש מצבים שבהם צריכים להוריד את עצמנו כדי לצמוח. למשל, הגמרא אומרת "והא אמרי אינשי איתתך גוצא גחין ותלחוש לה" (אומרים 'אם אשתך נמוכה, התכופף ושמע אותה לוחשת') (בבא מציעא נט:א) המפרשים מסבירים שלפעמים אדם צריך לחרוג מרמות הרוחניות הגבוהות שלו כדי להתחבר עם אשתו, ואז יחד יוכלו ליצור בית המתאים לגידול ילדיהם. הירידות הקטנות האלו מהוות צעד קדימה בצמיחת ביתם ו/או נישואיהם.

במסע האישי שלנו, אנו עשויים להיות בבית הכנסת יושבים ליד מישהו שבאמת מפריע לנו ולמשל הוא מקיש על השולחן או מנדנד בכיסאנו. זה יכול אפילו להביא אותנו למצב שאנחנו רוצים לצרוח עליו, "עבור למקום אחר!", או אם אנחנו מחשיבים את עצמנו כ"בעלי מדרגה" עשויים לחשוב "אולי אני אעבור למקום אחר!". אני רוצה להציע שנוכל ללמוד מכל אחד ואחד בקהילה שלנו. אולי אנחנו פשוט צריכים לחרוק שיניים ולסבול, כדי להוציא

המשך בעמוד 2

Learning and Oneg Shabbos

16:40 Boi BeShalom Kids' programs (Girls and Boys)

Note that all times below are 15 minutes later than previous weeks because sunset is later!

20:45 Boys: Learning followed by Oneg Shabbos at 21:15

20:45-21:45 Bochorim: Learning with special snack table

20:45 Adults: Beis Medrash Learning or *Alshich Hakadosh* shiur from R' Avishai Hill followed by Oneg Shabbos 21:45

זמנים	יום	א'(Sun)	ב'(Mon)	ג'(Tue)	ד'(Wed)	ה'(Thu)	ו'(Fri)
שחרית	06:20, 07:15, 08:10	06:20, 07:15, 08:10	06:20, 07:15, 08:10	06:20, 07:15, 08:10	06:20, 07:15, 08:10	06:20, 07:15, 08:10	06:20, 07:15, 08:15
מנחה	13:00, 15:15	13:00, 15:15	13:00, 15:15	13:00, 15:15	13:00, 15:15	13:00, 15:15	12:30, 17:16
מעריב	19:00, 21:00	19:00, 21:00	19:00, 21:00	19:00, 21:00	19:00, 21:00	19:00, 21:00	*Hall

HaRav Avrohom Baruch Zachariash, Sh'lita, Rav
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Email Rav: ahavasshalom.org/email-rav

Newsletter Design: Lev Seltzer lev@ahavasshalom.org
Newsletter Contact: Send your lifecycle events, news, comments, etc. to lev@ahavasshalom.org. Remember: If we don't know about your event, we can't publish it!